Phonon-polaritons in Bose-Einstein condensates induced by Casimir-Polder interaction with graphene

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We consider the mechanical coupling between a two-dimensional Bose-Einstein condensate with a graphene sheet via the vacuum fluctuations of the electromagnetic field which are at the origin of the so-called Casimir-Polder potential. By deriving a self-consistent set of equations governing the dynamics of the condensate and the flexural (out-of-plane) modes of the graphene, we can show the formation of a new type of purely acoustic quasi-particle excitation, a phonon-polariton resulting from the coherent superposition of quanta of flexural and Bogoliubov modes.

I. INTRODUCTION

The Casimir effect is a consequence of the field-theoretical description of the quantum vacuum and results directly from the quantization of the electromagnetic field. Traditionally derived for two infinite uncharged metallic plates placed only a few nanometers apart [1, 2], this quantum-mechanical effect has also been investigated in the context of atoms interacting with surfaces [3, 4]. Casimir-Polder (CP) forces have been a subject of research of its own, both in view of nanotechnological applications [5] and motivated by the possibility of probing fundamental forces at the submicron scale [6]. Indeed, the effects of a dispersive potential due to a macroscopic surface on an atom, both at zero and finite temperature, are already quite well established [7].

Moreover, experiments with Bose-Einstein condensates (BEC) near a surface have attracted a special attention since the early days of microtraps [8–10]: if, in one hand, the understanding of the influence of vacuum forces is crucial to the operations in atomic microtraps, on the other, the measurements based on quantum optics of ultracold gases are very accurate, making them a very desirable candidate to probe vacuum forces [11]. In fact, the influence of the solid-state substrate on the atomic dynamics of a cold gases has been the target of several experiments. As it has been shown, an atomic cloud near a rough surface (typical distances of 1 μm) may undergo a matter-wave Anderson localization in a random potential [12]. Also, by rotating a corrugated plate separated of a few microns from a BEC, the nucleation of quantized vortices is theoretically predicted [13]. More recently, Bender et al. have used BEC to harvest information about the shape of the potential landscape of a solid grating, in an excellent agreement with the theoretical predictions [14].

An important and recent activity with ultracold atoms includes mechanical coupling via vacuum forces. Experiments have put in evidence the resonant coupling of mechanical BEC modes to a micromechanical oscillator [15], as well as the backaction of the atomic motion onto the membrane [16]. There are also theoretical propositions of how creating a force in a graphene sheet due to highly excited (Rydberg) atomic states [17]. Actually, the interest in the family of fullerenes has growing since the recent propositions of sympathetic cooling of carbon nanotubes, via CP interaction, by a laser cooled atomic gas [18]. However, to the best of our knowledge, a completed treatment of the coupling of the flexural modes of a graphene membrane and a BEC via vacuum forces has not yet been discussed. In this paper, we will provide a microscopic description of the problem.

Benefiting from its remarkable mechanical and transport properties [19], monolayer graphene is a natural candidate to perform atom-surface interfaces. Due to thermal fluctuations, the membrane may undergo mechanical out-of-plane vibrations (flexural phonons), which can be well described within the Kirchoff-plate theory of elasticity [20]. A recent experimental study makes use of a

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cavity optomechanical protocol to cool down the zero-point flexural mode of a suspended graphene sheet [21]. By previously cooling the graphene sheet (with the help of a dilution refrigerator, for example), the flexural modes can be quantized. Thus, in this paper, we investigate the dynamics of a two-dimensional BEC interacting with a monolayer graphene sheet via the Casimir-Polder potential (see Fig. (1) for a schematic illustration). We proceed to a full quantization of the system in order to harvest the coherent coupling between the two phonon modes, leading to a new type of polariton excitation: a purely acoustic phonon-polariton. We show that for sufficiently large separation distances \( d \), heating of the condensate via vacuum fluctuations is negligible, showing that the polaritons may exist in the strong-coupling regime. In Sec. II, we present the governing equations in terms of the mean-field equations. The details of the CP potential for a \(^{87}\)Rb condensate are provided in Sec. III. In Sec. IV, the dispersion relation of the phonon-polariton modes and the BEC heating rate are derived. Finally, in Sec. V some concluding remarks are stated.

II. GOVERNING EQUATIONS: MEAN-FIELD DESCRIPTION

In a general way, the potential between a single neutral atom and a surface is given by

\[
U_d = \frac{C_\nu}{d^{\nu}},
\]

where \( d \) is the separation distance between the atom and the surface and \( C_\nu \) is the strength of the interaction, which depends on both the atomic polarizability and on the electromagnetic properties of the surface. Let \( \Psi(\mathbf{r}) = \psi(z)\psi(\mathbf{x}) \) be the condensate order parameter, normalized to the number of atoms such as \( N = \int |\Psi|^2 d\mathbf{r} \), where \( \mathbf{x} = (x, y) \) is the plane coordinate.

The dynamics of the two-dimensional BEC can then be described in terms of the Gross-Pitaevskii equation

\[
i\hbar \frac{\partial}{\partial t}\psi(\mathbf{x}) = -\frac{\hbar^2\nabla^2}{2m}\psi(\mathbf{x}) + g|\psi(\mathbf{x})|^2\psi(\mathbf{x}) + U\psi(\mathbf{x}),
\]

where \( g = g_{3D}/(2\sqrt{2\pi}\ell_z) \), with \( g_{3D} = 4\pi\hbar^2 a/m \), is the effective 2D coupling constant, \( a \) is the atomic scattering length and \( \ell_z = (\hbar/m\omega_z)^{1/2} \) is the transverse harmonic length. The atoms in the BEC feel a vacuum-field potential of the form

\[
U = \int d\mathbf{x}' \frac{C_\nu}{\sqrt{V} \left(|d - \eta(\mathbf{x}')|^2 + |\mathbf{x} - \mathbf{x}'|^2\right)^{\nu/2}},
\]

where \( \eta(\mathbf{x}) \) is a small deformation on the graphene surface (ripple) located at the position \( \mathbf{x} \) and \( V \) is the quantization surface. On the other hand, the mechanical properties of the graphene sheet can be easily derived from the Kirchhoff-Love plate theory [20]. The Lagrangian density of the sheet can be written as \( \mathcal{L} = \rho\dot{\eta}^2/2 - \mathcal{W} \), with \( \rho \) standing for the graphene mass density, and the potential energy per unit surface can be expressed as

\[
\mathcal{W} = \frac{1}{2}D\nabla^2\eta^2 + \gamma_x \left(\frac{\partial\eta}{\partial x}\right)^2 + \gamma_y \left(\frac{\partial\eta}{\partial y}\right)^2 + \frac{1}{2}\kappa\eta^2,
\]

where \( D \) is the bending stiffness, \( \gamma_x (\gamma_y) \) is the tension along the \( x \) (\( y \)) direction to the clamping with the substrate and \( \nabla^2 \eta \) is the local curvature. The term \( \kappa = d^2 U/\partial \eta^2 |_{\eta=0} \) is the restoring force in the harmonic approximation, which acts as a charge on the surface of the sheet through the CP potential,

\[
\kappa = \nu C_\nu \int d\mathbf{x}' |\psi(\mathbf{x}')|^2 (1 + \nu)d^2 - |\mathbf{x} - \mathbf{x}'|^2 \left(\frac{d^2}{d^2 + |\mathbf{x} - \mathbf{x}'|^2 + \nu/2}\right).
\]

From the Euler-Lagrange equations, we can obtain the Kirchhoff-Love equation for the flexural modes

\[
\rho \frac{\partial^2 \eta}{\partial t^2} + D\nabla^4 \eta + \kappa \eta = 0,
\]

where we assume, for simplicity, the self-suspended case \( \gamma_x = \gamma_y = 0 \). Eqs. (2) and (6) form a self-consistent set of equations for the condensate field \( \psi(\mathbf{x}) \) and for the deformation field \( \eta(\mathbf{x}) \), being the governing equations to be quantized in Sec. IV.

In the absence of coupling (or, equivalently, in the limit of very large distances \( d \to \infty \)), Eqs. (2) and (6) can be easily solved by taking the Bogoliubov prescription

\[
\psi = e^{-i\mu t/\hbar} \left[ \psi_0 + \sum_k (u_k e^{ik\mathbf{x} - i\omega t} + v_k^* e^{-ik\mathbf{x} + i\omega t}) \right] \]

and

\[
\eta = \sum_k \left( \frac{1}{\sqrt{\nu}} (\eta_{k+} - \eta_{k-}) e^{ik\mathbf{x} - i\omega t} + \frac{1}{\sqrt{\nu}} (\eta_{k-}^* - \eta_{k+}^*) e^{-ik\mathbf{x} + i\omega t} \right),
\]

where \( \omega_k = \sqrt{\kappa + D\pi^2/\nu} \), \( \pi \) is the Planck constant, and \( \mu \) is the chemical potential.
the expansion \( \eta = \sum_k \eta_k e^{ik\cdot x - i\omega t} \), which respectively yield to two stable modes,

\[
\omega_B = \left( c_s^2 k^2 + \frac{1}{4} \beta^2 \epsilon^2 k^4 \right)^{1/2}, \quad \omega_C = \left( \beta^2 k^4 + \omega_0^2 \right)^{1/2}.
\]

(7)

Here, \( c_s = (g|\psi_0|^2/m)^{1/2} \) and \( \xi = \hbar (g|\psi_0^2 m)^{-1/2} \) are the condensate sound speed and healing length, respectively, \( \beta = (D/\rho)^{1/2} \) is the specific stiffness and \( \omega_0 = \sqrt{\kappa/\rho} \). In agreement with an experimentally feasible situation, we choose a \(^{87}\)Rb condensate with an areal density of \( n_0 = |\psi_0|^2 \sim 10^5 \) cm\(^{-2}\), trapped along the z-direction by a harmonic trap frequency \( \omega_z \sim 2\pi \times 1500 \) Hz, \( a = 5.5 \) mm, which yields \( \xi \sim 0.1 \) mm and \( c_s \sim 0.1 \) mm/s. On the other hand, for the graphene sheet we have \( \rho = 0.761 \) mg/m\(^2\) and \( D \sim 1.5 \) eV [22–24], leading to \( \beta = 6.1 \times 10^{-7} \) m/s. This simply means that the BEC phonons and the ripples in the graphene sheet propagate at very different frequencies. In fact, for wavevectors of the order \( k \sim 10^{10} \) m\(^{-1}\) (typical of the BEC phonon-like excitations), \( \omega_B/\omega_C \sim c_s/\beta k \sim 10^{-3} \). Such a picture is very similar to what happens in semiconductor microcavities, where strong coupling - allowing for the formation of exciton-polaritons - occurs between two modes of very different energy scales: photons and excitons. Because of their very small effective mass, photons exhibit a parabolic dispersion relation, while the excitonic dispersion is almost flat for the relevant wavevectors [25, 26]. The coupling is then provided via the dipolar interaction between the photons and the excitons. In the next section, we show that the same thing happens here, where the Bogoliubov excitations in the condensate, possessing a very flat dispersion, are the analogue of the semiconductor excitons, while the mechanical vibrations of the graphene sheet work as massive photons. In what follows, we quantize Eqs. (2) and (6) to show that strong coupling between the condensate phonons (bogolons) and the flexural modes in the graphene (flexural phonons) is possible, leading to the formation of a sort of phonon-polaritons.

### III. CASIMIR-POLDER INTERACTION WITH A GRAPHENE SHEET

The theoretical approaches to determine the Casimir-Polder energy shift are usually based on second-order perturbation theory [7]. Here, we will discuss how to evaluate the Casimir-Polder potential between a single graphene sheet and a \(^{87}\)Rb atom within the formalism of macroscopic QED [27]. To do so, we shall neglecting the possible effects that may arise from the finite size of graphene and assume it to be infinitely extended. For planar structures, the Casimir-Polder potential of an atom in a ground state \( |0\rangle \) at a distance \( d \) away from the macroscopic body can be written as [7]

\[
U_S(d) = \frac{\hbar \alpha_0}{8\pi^2} \int_0^\infty d\xi \xi^2 \alpha(i\xi)
\times \int_{0}^{\infty} \frac{dk}{\gamma_{dz}} \left[ R_{TE} + R_{TM} \left( 1 - \frac{2k^2\gamma_{0z}^2\xi^2}{\xi^2} \right) \right],
\]

(8)

where integration is done along the imaginary frequency axis \( \omega = i\xi \) and \( k \) the wave vector in the plane of the interfaces. We have defined \( \gamma_{dz} = \sqrt{1 + \epsilon (i\xi) \xi^2/(\epsilon^2 k^2)} \), which is the z component of the wave number in a medium with permittivity \( \epsilon \) (the index 0 refers to the medium in which the atom is placed). Here, \( \alpha(\omega) \) is the atomic polarizability defined for an isotropic atom as

\[
\alpha(\omega) = \lim_{\varepsilon \rightarrow 0} \frac{2}{3\hbar} \sum_{k \neq 0} \frac{\omega_k |d_{0k}|^2}{\omega_k^2 - \omega^2 - i\omega\varepsilon}.
\]

(9)

The latter is valid in the zero temperature limit and for atoms in the ground state, which will be the case of the present manuscript. All the relevant electromagnetic features of the graphene sheet are cast in the reflection coefficients \( R_{TE} \) and \( R_{TM} \) in Eq. 8. In Ref. [28], the reflection coefficients have been calculate assuming that the dynamics of the quasiparticles in graphene can be described within the \((2 + 1)\)-dimensional Dirac model. Imposing appropriated boundary conditions to the EM field, it is possible to explicitly determine the reflection coefficients. Taking the contribution of the electrons near the Dirac cone, one obtains, for a self-suspend graphene sheet in vacuum,

\[
R_{TM} = \frac{4\pi\alpha}{4\pi\alpha} \sqrt{\frac{k_0^2 + k_\|^2}{k_0^2 + k_\|^2 + 8\sqrt{k_0^2 + \hat{v}^2 k_\|^2}},
\]

(10)

\[
R_{TE} = -\frac{4\pi\alpha}{4\pi\alpha} \sqrt{\frac{k_0^2 + \hat{v}^2 k_\|^2}{k_0^2 + k_\|^2 + 8\sqrt{k_0^2 + k_\|^2}},
\]

(11)

where we have defined \( k_0^2 = \xi^2/c^2 \) and \( \hat{v} = v_F/c = (300)^{-1} \), with \( v_F \) being the Fermi velocity and \( c \) the speed of light; \( \alpha = 1/137 \) is the fine structure constant. More elaborated models could be performed, however, for the present conditions, Eq. (11) provides a very good approximation [17].

There are two regimes according to the atom-surface distances: the near-field, nonretarded limit, and the far-field (retarded) limit. In the nonretarded limit, \( \sqrt{\varepsilon(\omega)} \omega d/c \ll 1 \), and for the usual Fresnel reflection coefficients, successive approximations yield \( U_S \approx C_3/d^3 \), and we obtain a fitting to Eq. (8) with \( C_3 \approx -215.65 \) Hz\( \mu m^3 \). The CP potential for a ground-state atom is attractive for a non-magnetic medium [27]. We notice that the sign of the CP potential of a ground-state atom with a conducting plate can be easily understood
with an image-dipole model. However, if a resonant coupling between the atomic dipole and a surface excitation occurs, it is possible to obtain a repulsive force [29].

The retarded limit corresponds to the situation where the atom-surface distance \( d \) is large when compared to the effective transition wavelength. In this situation, one finds the approximation \( U_S = C_4/d^4 \) also to be valid, with \( C_4 = -14.26 \) Hz \( \mu \)m\(^4\). The dependence of the CP potential on the separation distance \( d \) as resulting from the numerical integration of Eq. (11) is depicted in Fig. (2). In the following, we will operate in the distance range \( d \gtrsim 1 \) \( \mu \)m, deep in the limit \( U_C \sim 1/d^4 \). Such a choice is a consequence of three major constraints: i) transverse trap size, as the two-dimensional BEC approximation is only valid if the transverse size of the BEC is much smaller than the distance \( d \), ii) the de-confinement effect associated to the CP potential, and iii) the heating of the condensate for small distances. In the following, we assume condition i) to be satisfied (which is true for \( \omega_z \approx 2\pi \times 1000 \) Hz) and discuss the limitations imposed by ii) and iii) in Sec. V.

IV. PHONON-POLARITON QUANTIZATION AND AVOIDED CROSSING

In order to proceed to a microscopic description of the coupling between the bogolons and the flexural phonons, we quantize the theory. The total Hamiltonian of the system can be defined as \( \hat{H} = \hat{H}_{\text{B}} + \hat{H}_C + \hat{H}_{\text{int}} \), where

\[
\hat{H}_{\text{B}} = \int dx \sum_k \left[ \frac{\hbar^2 \nabla^2}{2m} - \mu + g \psi_k^\dagger \psi_k (x) \right] \psi_k (x),
\]

is the condensate Hamiltonian, which can be solved in the Fourier basis with \( \psi_k (x) = \sum_k \varphi_k (r) \hat{a}_k \) and

\[
\varphi_k = e^{i k \cdot r}. \quad \text{Here, } \hat{a}_k \text{ represent the bosonic annihilation operator satisfying the canonical commutation relation } [\hat{a}_k, \hat{a}_{k'}^\dagger] = \delta_{kk}'.
\]

Using the Bogoliubov approximation \( \hat{a}_k \approx \sqrt{N_0} + \hat{a}_k' \), with \( \hat{a}_k' \) standing for the \( k \neq 0 \) fluctuations, the condensate Hamiltonian can be simply given by (expressing the summation in terms of the absolute value \( k \) only)

\[
\hat{H}_{\text{B}} = E_0 + \frac{1}{2} \sum_{k \neq 0} \left[ (\epsilon_k + \mu) \left( \hat{a}_k^\dagger \hat{a}_k + \hat{a}_{-k}^\dagger \hat{a}_{-k} \right) + \mu \left( \hat{a}_k^\dagger \hat{a}_{-k}^\dagger + \hat{a}_k \hat{a}_{-k} \right) \right].
\]

Here, \( \epsilon_k = \hbar^2 k^2 / 2m \), \( \mu = g n_0 \) is the chemical potential and \( E_0 = N \mu / 2 \) is the condensate zero-point energy. Similarly, the Hamiltonian for the flexural modes easily follows from the canonical quantization of Eq. (6)

\[
\hat{H}_C = \frac{1}{2} \int dx \left[ (\rho \partial_t \hat{\psi}(r))^2 + D (\nabla^2 \hat{\psi}(r))^2 + \kappa \eta^2 (r) \hat{\psi}(r) \right].
\]

Expressing the phonon operator in the form

\[
\hat{\eta}(r) = \frac{1}{\sqrt{2}} \sum_{k, \sigma} \varphi_k (r) h_k (r) e_\sigma \left( c_{k, \sigma} + c_{k, \sigma}^\dagger \right),
\]

with two polarizations \( \sigma = (x, y) \) and satisfying the normalisation condition \( \langle h_k, h_{k'} \rangle = \hbar/(M \omega_c) \delta_{kk'} \), with \( M = \rho_A \) being the membrane mass, such that the phonon operators obey the bosonic commutation relation \( [c_{k, \sigma}, c_{k', \sigma'}^\dagger] = \delta_{kk'} \delta_{\sigma \sigma'} \), the graphene Hamiltonian reads

\[
\hat{H}_C = \sum_{k, \sigma} \hbar \omega_c c_{k, \sigma}^\dagger c_{k, \sigma}.
\]

The quantization of the flexural modes is relevant for temperature scales given of the cryogenically cooled atom chip, on which the graphene sheet is supposed to be suspended. Typical experimental conditions involving a dilution refrigerator allow to cool down a carbon nanotube down to 4 K [18]. Additionally, according to the recent experiments of Ref. [21], optomechanical cooling can be used to bring the graphene down to 50 mK, which corresponds to roughly 40 flexural phonon quanta.

The interaction Hamiltonian is given by a convolution

\[
\hat{H}_{\text{int}} = \int \frac{dx}{\sqrt{V}} \int dx' \, \hat{n}(x') U(x - \hat{\eta}(x')).
\]

Assuming small deformations, we can Taylor expand the potential to first order in \( \hat{\eta} \), \( U(x - \hat{\eta}(x')) \approx U(x - x') + \nabla U(x - x') \cdot \hat{\eta}(x') \), which yields

\[
\hat{H}_{\text{int}} = \sum_k U_k \hat{\rho}_k + i \sum_k U_k \hat{\rho}_k \cdot \hat{\eta}_k,
\]

with \( U_k = \pi C_4 k n_0 K_1(kd) / d \) being the Fourier transform of the potential and \( \hat{\rho}_k = \sum_{q} \hat{a}_{k+q}^\dagger \hat{a}_q \) the density operator. The first term can be separated into the condensate and the fluctuation contributions, leading to a change in free-particle energy

\[
\sum_k U_k \hat{\rho}_k = \sum_k U_0 \hat{a}_k^\dagger \hat{a}_k + \sum_{k \neq 0} \hat{a}_k^\dagger \hat{a}_k U_k.
\]

The second term of Eq. (19) is of the order of the condensate depletion \( \mathcal{O}(N') \), and therefore we should neglect it. By making the substitutions \( \epsilon_k \rightarrow \hat{\epsilon}_k \equiv (\epsilon_k + U_k n_0) \) and \( E_0 \rightarrow E_0 + U_0 n_0 \) in Eq. (13), and proceeding to a Bogoliubov-Valatin transformation to the excitation operators in the usual way, \( \hat{a}_k' = u_k \hat{b}_k - \nu_k \hat{b}_k^\dagger \), we obtain the modified condensate Hamiltonian as \( \hat{H}_B = \sum_k \hbar \omega_B b_k^\dagger b_k \)

where \( \hbar \omega_B = \sqrt{\epsilon_k (\epsilon_k + \mu)} \) is the renormalized Bogoliubov spectrum and the transformation coefficients read

\[
u_k = \left( \frac{\epsilon_k + \mu}{\hbar \omega_B (k)} + \frac{1}{2} \right)^{1/2}, \quad v_k = \left( \frac{\epsilon_k + \mu}{\hbar \omega_B (k)} - \frac{1}{2} \right)^{1/2}.
\]
The second term of Eq. (18) can be evaluated by noticing that in the Bogoliubov approximation \( \hat{\rho}_k \approx \sqrt{N_0}(\hat{a}_k^+ + \hat{a}_{-k}) \), which then yields

\[
\hat{H}_{\text{int}} = \sum_{k, \sigma} M_{k, \sigma} \left( \hat{b}_k^+ \hat{c}_{k, \sigma} + \hat{b}_k \hat{c}^+_{k, \sigma} + \hat{b}_k^+ \hat{c}_{k, \sigma} + \hat{b}_k \hat{c}^+_{k, \sigma} \right),
\]

where \( M_{k, \sigma} \) is the \( k \)-dependent coupling

\[
M_{k, \sigma} = i \sqrt{\frac{N_0}{2}} U(k) (u_k - v_k) \hbar k \mathbf{e} \cdot \mathbf{e}_\sigma.
\]

The latest two terms in Eq. (21) do not conserve the total number of excitations, and therefore will be neglected in the present discussion. This approximation remains valid here as long as the interaction is small compared to the single-particle energy, \( |M_{k, \sigma}| \ll \hbar \omega_B + \hbar \omega_C \), which we will confirm a posteriori. Finally, the total Hamiltonian of the system can be given as

\[
\hat{H} \approx \sum_k \left( \Delta \hat{b}_k^+ \hat{b}_k + \sum_{\sigma} \hbar \omega_C \hat{c}_k^+ \hat{c}_{k, \sigma} \right),
\]

where \( \Delta = \pi |C_4| n_0 / d^2 \) is the interaction-induced energy shift. The later Hamiltonian can be diagonalized using the so-called Hopfield transformations

\[
\hat{a}_k^{(L)} = \chi_{B,k} \hat{b}_k - \chi_{C,k} \hat{c}_k, \quad \hat{a}_k^{(U)} = \chi_{C,k} \hat{b}_k + \chi_{C,k} \hat{c}_k,
\]

where \( \hat{c}_k = \sum_{\sigma} \hat{c}_{k, \sigma} \) and \( \hat{a}_k^{(L)} \) and \( \hat{a}_k^{(U)} \) respectively denote the destruction operators for the lower (L) and upper (U) polaritons. In order to be bosonic, the operator in Eq. (24) must satisfy the normalization condition \( |\chi_{C,k}|^2 + |\chi_{B,k}|^2 = 1 \), which allow us to write the Hamiltonian in the decoupled form

\[
\hat{H} = \sum_{p=L,U} \sum_k \hbar \omega_p(k) \hat{a}_k^{(p)} \hat{a}_k^{(p)\dagger},
\]

where the eigenenergies are simply given by

\[
\hbar \omega_{p,L}(k) = \frac{1}{2} \left( \Delta + \hbar \omega_C \pm \sqrt{(\Delta - \hbar \omega_C)^2 + 4 |M_k|^2} \right),
\]

with \( |M_k|^2 = \sum_{\sigma} M_{k, \sigma} M_{k, \sigma}^* \). The two-mode polariton dispersion is depicted in Fig. (3) The graphene (condensate) fraction of the LP (UP) mode almost near the bottom of the dispersion \( k \sim 0 \); on the contrary, for \( k \to \infty \) the LP (UP) mode is essentially Bogoliubov- (graphene-) like. Moreover, the branches repeat each other at the wave vector \( k_* = \sqrt{\Delta / \hbar \beta} \). The effective Rabi frequency \( \Omega = 2 |M_{k_*}| \) measures the strength of the coupling and is equal to \( \Omega \approx 17 \text{ Hz} \) for \( d = 1.5 \mu \text{m} \), being much smaller that the free-energy scale of the system.

In order to demonstrate the conditions for which strong coupling effectively occurs, we must quantify the heating induced in the condensate. As illustrated in Fig. (4 a)), the Casimir-Polder interaction modifies the trapping potential. If \( d \) is small enough such that the first excited state of the trap lies above the cut-off energy \( U_c = U(z_c) \), where \( U(z) = m \omega_z^2 z^2 / 2 + C_4 / (d - z)^4 \) and \( z_c \neq 0 \) is the solution of the equation \( U'(z_c) = 0 \), the heating may cause the particles to escape the trap [15]. In order to avoid such a situation, we should require the restriction \( d > d_c \), where the critical distance is \( d_c \approx z_c + \{2 |C_4| / (3 m \omega_z) \}^{1/4} \). For \( \omega_z = 2 \pi \times 1500 \text{ Hz} \), we obtain \( d \approx 1.45 \mu \text{m} \). In this situation, the heating rate rules out trap losses and is related to the creation of in-plane excitations only (condensate depletion), which we calculate with the help of Fermi’s Golden Rule

\[
\Gamma = \frac{2\pi}{\hbar} \sum_{i,f} |\langle i | \hat{H}_{\text{int}} | f \rangle|^2 \delta (\hbar \omega_B - \hbar \omega_C),
\]

where the delta function accounts for the resonant terms only. Here, the initial state \( |i\rangle = |0_{k_i, 1_{\sigma, k_i}}\rangle \) describes the condensate in the ground state and the graphene phonon with energy \( \epsilon_i \approx \hbar \beta k_i^2 \) and polarization \( \sigma_i \); the final state \( |f\rangle = |1_{k_f}, 1_{\sigma, k_f}\rangle \) contains an extra excited state above with flat dispersion \( \epsilon_i \approx \Delta \). By proceeding that way, we capture only the inelastic processes, which after some simple algebra yields the following heating rate

\[
\Gamma = \frac{4 \pi^2 d^2 \Delta^3}{M \hbar^2 \beta^3} S(k_*)^2 K_1^2(k_* d),
\]

where \( S(k) = (u_k - v_k)^{1/2} \) is the BEC static structure factor. The strong coupling regime is achieved for \( \Omega \gg \Gamma \).
which corresponds to separation distances of the order of 1.5 \( \mu m \), deep in the regime where the CP potential considered here is valid (see Fig. (4b)). The weak coupling situation is also possible for shorter distances, where the heating of the BEC becomes quite appreciable. Due to fast variation of the CP potential, the transition between the strong and weak coupling regimes is quite sensitive. This requires a condensate to be confined at the sub-micro size corresponding to large values of \( \omega_z \), therefore safely lying in the regime where trap deconfining becomes less critical.

V. CONCLUSION

We have demonstrated that the Casimir-Polder due to the interaction of a Bose-Einstein condensate and a graphene sheet can be perturbed by the mechanical out-of-plane vibrations and by the Bogoliubov excitations. At cryogenic temperatures, the Kirchoff-Love flexural modes can be quantized, therefore coupling to the Bogoliubov excitations of the condensate. As a result, a phonon-polariton is formed for sufficiently large separation distances, for which the effective Rabi frequency (the coupling strength) dominates over the heating rate. Our results may motivate a scheme for the sympathetic cooling of monolayer graphene via vacuum-fluctuation forces. In a feasible experimental situation, such a cooling scheme may be implemented in combination with an optomechanical cooling protocol, in order to pre-cool the membrane down to a temperature of few tens of mK [21]. We may think that the sympathetic cooling via the Casimir-Polder interaction may then be used to further cool the zero-point mode, since the condensate temperature is of a few tens of nK. In fact, the major interest in cooling the mechanical modes of graphene lies in the perspective of controlling its transport properties, as the electronic response at low temperatures is intimately related by the scattering with the flexural phonons [30].